



Calendar of Events

May 2025

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				NAMI Connection Recovery Support Group Women in Recovery Online Foster Parent Orientations Breastfeeding Support Group	Sober Life Peer Support Activities	Cinco de Mayo Parade & Festival
				1	2	3
Ruby Mountain CoDA meeting		Rural Providers Meeting Parents Supporting Parents CADV You Are Not Alone Support Group	Sober Life Peer Support Elko Alzheimer's Support Group	NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Sr. Ctr. Bingo Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	Survivors of Suicide Attempts Support Group
4	5	6	7	8	9	10
MOTHER'S DAY Ruby Mountain CoDA meeting	Zero Suicides Elko County Grief Support Group	Compassion Coalition		NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities Little Choices, Big Impact	
11	12	13	14	15	16	17
Ruby Mountain CoDA meeting		NAMI Online Family Support Group NAMI Rural/Frontier Nevadans Parents Supporting Parents	Sober Life Peer Support Spring Creek Bingo Dementia Friendly Elko County	NAMI Connection Recovery Support Grp. Women in Recovery Breastfeeding Support Group Encompass Respite Care Spaghetti Feed	Sober Life Peer Support Activities NOS Scavenger Hunt	
18	19	20	21	22	23	24
Ruby Mountain CoDA meeting	MEMORIAL DAY			NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	
25	26	27	28	29	30	31



Calendar of Events

June 2025

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Ruby Mountain CoDA meeting

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Rural Providers Meeting (online)
Parents Supporting Parents
CADV You Are Not Alone Support Group

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Sober Life Peer Support
Elko Alzheimer's Support Group

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NAMI Connection Recovery Support Group
Women in Recovery
Online Foster Parent Orientations
Breastfeeding Support Group

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Sober Life Peer Support Activities

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Ruby Mountain CoDA meeting

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Zero Suicides Elko County Grief Support Group

9

Compassion Coalition

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NAMI Connection Recovery Support Group
Zero Suicides Elko County
Elko Sr. Ctr. Bingo
Women in Recovery
Breastfeeding Support Group

12

Sober Life Peer Support Activities

13

FLAG DAY
Survivors of Suicide Attempts Support Group

14

FATHER'S DAY

Ruby Mountain CoDA meeting

15

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NAMI Online Family Support Group
NAMI Rural/Frontier Nevadans
Parents Supporting Parents

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Sober Life Peer Support
Spring Creek Bingo
Dementia Friendly Elko County

18

JUNETEENTH

NAMI Connection Recovery Support Group
Women in Recovery
Breastfeeding Support Group

19

Sober Life Peer Support Activities

20

21

Ruby Mountain CoDA meeting

22

23

24

25

NAMI Connection Recovery Support Group
Women in Recovery
Breastfeeding Support Group

26

Sober Life Peer Support Activities

27

28

Ruby Mountain CoDA meeting

29

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Calendar of Events

July 2025

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Rural Providers Meeting
Parents Supporting Parents
CADV You Are Not Alone Support Group

Sober Life Peer Support
Elko Alzheimer's Support Group

Independence Day
NAMI Connection Recovery Support Group
Women in Recovery Breastfeeding Support Group

Sober Life Peer Support Activities

Ruby Mountain CoDA meeting

Compassion Coalition

NAMI Connection Recovery Support Group
Zero Suicides Elko County
Elko Sr. Ctr. Bingo
Women in Recovery Breastfeeding Support Group

Sober Life Peer Support Activities

Survivors of Suicide Attempts Support Group

Ruby Mountain CoDA meeting

Zero Suicides Elko County Grief Support Group

NAMI Online Family Support Group
NAMI Rural/Frontier Nevadans
Parents Supporting Parents

Sober Life Peer Support
Spring Creek Bingo
Dementia Friendly Elko County

NAMI Connection Recovery Support Group
Women in Recovery Breastfeeding Support Group

Sober Life Peer Support Activities

Ruby Mountain CoDA meeting

NAMI Connection Recovery Support Group
Women in Recovery Breastfeeding Support Group

Sober Life Peer Support Activities

Ruby Mountain CoDA meeting

Breastfeeding Support Group
Women in Recovery

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National Alliance on Mental Illness (NAMI)

Online Meeting for Rural/Frontier Nevadans

Third Tuesday of the month, 5 p.m.

Contact Haley Ragland at haley@naminenv.org.

Learn more at <https://naminevada.org/>.

Online Family Support Group - Third Tuesday of the month.

Starts at 5:30 p.m.

Contact: Crystal - crystal.namiwnv@gmail.com or 775.350.7977

Online NAMI Connection Recovery Support Group -

Every Thursday.

Starts at 5:30 p.m.

Contact: Julie - julie.namiwnv@gmail.com

RUBY MOUNTAIN CoDA MEETING

WHEN

Every Sunday
1pm-2pm

WHERE

Club 164

2140 Idaho St., Elko, NV 89801

Am I Codependent?

Personal crises or unbearable, chronic, emotional pain brought many of us to CoDA. We came to our first meeting feeling hopeless and helpless. We wondered why our efforts to fix ourselves and others were not working, no matter how hard we tried. We had come to a crossroad: continue our old ways of coping or look for a new way out of our pain.

Co-DEPENDENTS

ANONYMOUS

CoDA - A PROGRAM OF RECOVERY FROM CODEPENDENCE, WHERE EACH OF US MAY SHARE OUR EXPERIENCE, STRENGTH, AND HOPE IN OUR EFFORTS TO FIND FREEDOM WHERE THERE HAS BEEN BONDAGE, AND PEACE WHERE THERE HAS BEEN TURMOIL IN OUR RELATIONSHIPS WITH OTHERS AND OURSELVES.

WHAT IS A MEETING?

A CoDA meeting is comprised of a group of people who come together around their shared desire for healthy and loving relationships. The group uses the Twelve Steps and Twelve Traditions of Co-Dependents Anonymous as the basis for working toward recovery. It is a place to find sponsorship and fellowship as well as the sharing of experience, strength, and hope. A strong sense of acceptance and community makes a meeting attractive to both the newcomer and old-timer.

FOR MORE INFO ABOUT CoDA:

www.coda.org
info@coda.org
Phone: 888-444-2359
Elko: 970-209-4061

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Zero Suicides Elko County

Suicide Prevention Group

Meetings are the second Thursday of each month from

11:00 a.m. - noon at

Northeastern Nevada Regional Hospital

(Go through the cafeteria)

Attend in person or by Zoom

Call Lynette Vega, (775) 397-1911, for information.

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The background of the flyer is a soft watercolor wash in shades of light blue and mint green. There are delicate illustrations of green leaves and stems in the top-left and bottom-right corners, adding a natural, calming feel to the design.

Zero Suicides Elko County Grief Support Group

Time: 6pm

2nd Monday of every month.

Join Zoom Meeting

Meeting ID: 860 3182 4037

Passcode: 502352

Questions?

Call 775 340-3490



Rural Providers Meeting

On Zoom

AGENDA: Tuesday, May 6, 2025, on Zoom.

<https://us02web.zoom.us/j/85733262876?pwd=C2KpN0gzOlqZsPlrja9QsDhyjefljA.1>

8:00 a.m.

- I. Introduction – Facilitated by Michael Magney
- II. Presentation – Jesslyn Hoppe-Keiser, Planned Parenthood Mar Monte
- III. Provider Updates/Success Stories

Upcoming meeting:

The next meeting will be on Tuesday, June 3rd.

Upcoming Speakers:

June 3: Amy Dewitt-Smith, Neighbor Network of Northern Nevada

July 1: Kelsie Tadlock, Nevada Rural Counties RSVP Program

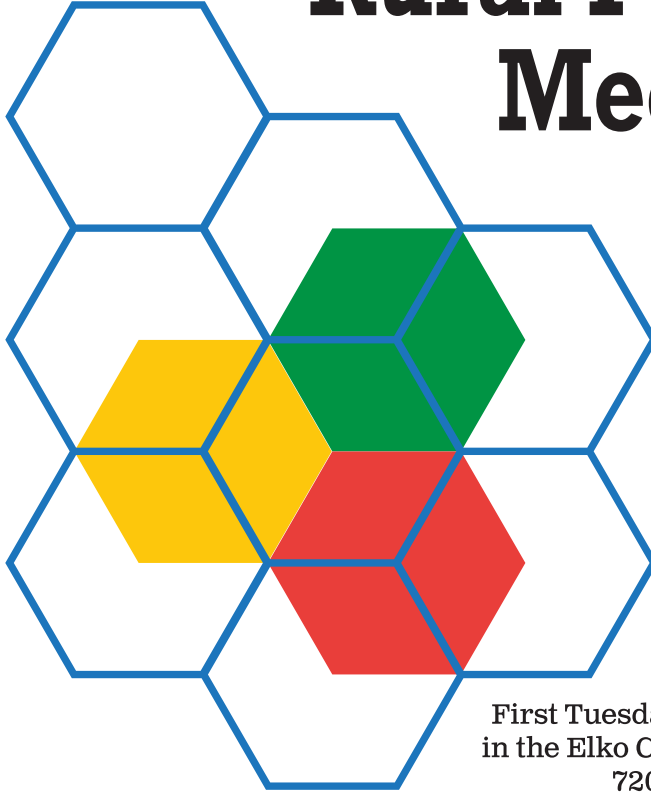
Any agency that would like to give a 10-minute presentation at an upcoming meeting can email a request to michael@pacecoalition.org.

The public is welcome to attend these meetings.

429 Court Street, Suite 2 • Elko, NV 89801

Healthy Communities ... Whatever It Takes

PACE Coalition Rural Providers Meetings



Connect
Coordinate
Coalesce

First Tuesday of each month at 8:00 a.m.
in the Elko County Library Meeting Room
720 Court Street • Elko

Connect with other service providers, organizations, and agencies to share information, make announcements, introduce programs, coordinate efforts, and boost your impact. Open to all.



PACE Coalition
Healthy Communities ... Whatever it Takes
775-777-3451 • www.pacecoalition.org

SOBER LIFE PEER SUPPORT

Recovery Meetings & Activities



**Get the support
you need, you are
not alone:**

Join us for our new program for
those in recovery from drugs,
alcohol, etc. to get support from
others new and old to sobriety.

Every 1st & 3rd Wednesday - meetings
Every Friday - activity night
7:00-8:00 pm



**FAMILY
RESOURCE
CENTER**

PERKS:

- Meet other people in recovery
- Continue personal growth
- Fun sober activities and experiences

LEARN MORE



775-753-7352

331 7th Street, Elko, NV 89801
www.elkofrc.org

BINGO

\$ CASH PRIZES \$

Game Packets \$10 each

Each Packet - 10 games/3 cards per game

Bingo Daubers Available for Purchase

Must be 21 or older to play

Please NO outside FOOD

Snack & Beverage Purchases Available

Elko

**2nd Thursday
of Each Month**

Doors open at 5 pm –
Game starts at 5:30 pm
The Terrace at Ruby View
1795 Ruby View Dr. -

Spring Creek

**3rd Wednesday,
of Each Month**

Doors open at 5:30 pm –
Game starts at 6 pm
SCA Boardroom
401 Fairway Blvd. – S.C.

For more information
please call us at
775-738-3030



We invite you to connect with:

Dementia Friendly Elko County!

Everyone has a role to play in this community effort!

Community Group Meetings:

Third Wednesday of every month

1:00 PM – 2:30 PM

Terrace at Ruby View

1795 Ruby View Dr., Elko



Help support your whole community in becoming more respectful, educated, supportive, and inclusive of people living with dementia and their care partners.



For more information, contact:

Rebecca Hepworth, Co-Facilitator 970-380-4346

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Compassion Coalition

Second Tuesday of Each Month

2 p.m.

St. Paul's Episcopal Church
777 Sage Street in Elko

Free

Contact: therevjulievice@gmail.com

S.O.S.A. SUPPORT GROUP

SURVIVORS OF SUICIDE ATTEMPTS

For individuals who have survived a suicide attempt
& are seeking emotional support

SECOND SATURDAY OF EACH MONTH

HOW WOULD YOU BENEFIT?

Connecting with other survivors who
understand what you are going through.

Could empower SOSA participants to
feel less isolated and to work through
their issues.

AGE GROUPS:

ADULT 18 & OVER

TEENS 12-17
(with parental consent)

FREE OF CHARGE

INFORMATION TO ATTEND:

PEOPLE WHO ARE INTERESTED WILL
NEED TO CONTACT CYNDI (# BELOW)
FOR A BRIEF SCREENING TO
REGISTER.

CYNDI ARNETT, MA

 **(775) 927-0233**



LIFEQUEST ELKO



LifeQuest Elko

(775) 299-3738

Nevada Teen Peer Support Text Line

(775) 296-8336

National Alliance on Mental Illness (NAMI)

(775) 388-8432

Adult Crisis Care Team

(775) 688-1670

National Suicide Prevention

Call or Text 988

Elko Alzheimer's Support Group Elko Caregivers Support Group

Caring for loved ones is a challenging responsibility. Watching someone move from independence to dependence can be overwhelming as there are so many decisions, so many possibilities to face and to overcome.

This “All-in-One Support Group” is designed to help you navigate the difficulties and joys of this 24/7 job. Sharing with and learning from one another is one of our goals. A second is beating the stigma of Alzheimer's and other dementias. A third is connecting participants with services and resources.

**Please join us!
1st Wednesday of Each
Month**

**1-3pm
Please Join us**

**The Terrace at Ruby Vista
1795 Ruby View Drive**

**For more information contact:
Gini Cunningham ginilc25@gmail.com**

Margaret Marcucci mkmarcucci56@gmail.com

WELCOME LADIES TO THE
WOMEN IN RECOVERY
MEETING AT CLUB 164 EVERY
THURSDAY, 5:30-6:30PM.
BRING SOMETHING TO SHARE WITH
THE GROUP (STORIES, READINGS,
ENCOURAGEMENT). LEARN TO ENJOY
LIFE WITH OTHERS WHO KNOW THEY
NEED SUPPORT WHILE THEY WALK
THE ROAD OF RECOVERY!



ONLINE FOSTER PARENT ORIENTATIONS

FIRST THURSDAY'S OF THE MONTH

6:30PM TO 8:30PM

REGISTER AT

WWW.RURALNVFOSTERCARE.COM



NEVADA DIVISION OF CHILD & FAMILY SERVICES





CADV Monthly support
Group for Victims of Abuse

YOU ARE NOT ALONE

Join us in a safe and supportive space where healing begins.

Are you or someone you know experiencing domestic and sexual violence, or family abuse? Our support group offers a confidential, welcoming environment where survivors can share their stories, find strength, and rebuild their lives.



What We Offer:

- A compassionate community of survivors
- Peer support and understanding
- Resources for healing and empowerment



Details:

- When: 1st Tuesday of the Month @4:30pm
- Where: Contact us for details
- Who: Open to all victims of domestic, sexual, and family violence
- Cost: Free of charge

How to Join: To protect your privacy, please contact us for more details about the support group.

You are not alone. Help and hope are just a call away.

24/7 Crisis Line: 775-738-9454

CONTACT US

Office: 775-738-6524

E-mail: deana@cadvelko.org



Breastfeeding Peer Support Group

Every Thursday
10am-11am
Family Resource Center
331 7th St. Elko

JOIN US FOR AN HOUR OF ACTIVITIES AND DISCUSSION





Children's Rural Mobile Crisis invites you to attend our Parents Supporting Parents virtual support group for parents or guardians of youth experiencing mental health or behavioral health challenges.

Please join us on the 1st and 3rd Tuesday of each month
from 5:30 to 6:30 pm
Group begins Tuesday, September 17th, 2024

Please email Jasmine Casey or Erin Lyngar with any questions and/or to get on our mailing list

j.casey@health.nv.gov
elyngar@health.nv.gov

"In your most challenging parenting moments, take a deep breath and try to remember that the moment your child is at their most challenging is the moment your child is struggling with the most challenges." -LR Knost

Group facilitated by trained Family Peer Support Specialists with





SATURDAY- MAY 3, 2025
ELKO'S CINCO DE MAYO
PARADE & FESTIVAL

FAMILY FRIENDLY EVENT!!!

11 am PARADE- Downtown Elko
12-7 pm FESTIVAL 'U CLUB"
~1405 Hot Springs Rd, Elko, NV~

FREE EVENT!!!

Music by DJ Arturo Torres, Dance Performances, Delicious Food, Face Painting, Bounce Houses & MORE to celebrate 5 de Mayo!

Thank you to our sponsors!



FOR MORE INFORMATION EMAIL ELKOCINCODEMAYO@GMAIL.COM OR VISIT US ON FACEBOOK (CINCODEMAYOELKO) OR CALL NANCY DAVILA (VENDORS) 775-385-4327

Spaghetti Feed!

*Dine IN or
Drive- Thru!*

*22 May
2025
5-7pm*



\$10 per dinner supports

Compass
Respite Care

*St Pauls Episcopal Church
777 Sage Street:*

More Information 775-388-2330



Respect Wildlife

Stay on Trails

Pickup Litter

Eat Healthy Foods

LITTLE CHOICES, BIG IMPACT

May 16th

10am - 1 pm

UNR Extension Office Courtyard

701 Walnut St.
Elko, Nevada



The Children's Cabinet



EXTENSION
College of Agriculture,
Biotechnology & Natural Resources



4-H Youth
Development



NOS
Nevada Outdoor School.org




Eat Healthy
Be Active



SCAVENGER HUNT HIKE

MAY 23 | 1PM

 **California Trail
Interpretive Center**

Get ready for an adventure! Join us for a fun-filled Scavenger Hunt Hike where curious minds and sharp eyes will explore the outdoors in search of nature's hidden treasures.

Perfect for families, friends, and outdoor enthusiasts of all ages—come enjoy fresh air, teamwork, and a little friendly competition!

**More Information:
775-777-0814**

