



# Calendar of Events

June 2025

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Ruby Mountain CoDA meeting

1

2

Rural Providers Meeting (online)  
Parents Supporting Parents  
CADV You Are Not Alone Support Group

Sober Life Peer Support  
Elko Alzheimer's Support Group

3

NAMI Connection Recovery Support Group  
Women in Recovery  
Online Foster Parent Orientations  
Breastfeeding Support Group

4

Sober Life Peer Support Activities

5

6

Ruby Mountain CoDA meeting

7

Zero Suicides Elko County Grief Support Group

8

Compassion Coalition  
NOS Hike Into Summer

9

10

NAMI Connection Recovery Support Group  
Zero Suicides Elko County  
Elko Sr. Ctr. Bingo  
Women in Recovery  
Breastfeeding Support Group

11

Sober Life Peer Support Activities

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FLAG DAY  
Survivors of Suicide Attempts Support Group

13

FATHER'S DAY

Ruby Mountain CoDA meeting

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NAMI Online Family Support Group  
NAMI Rural/Frontier Nevadans  
Parents Supporting Parents

16

Sober Life Peer Support  
Spring Creek Bingo  
Dementia Friendly Elko County

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JUNETEENTH  
NAMI Connection Recovery Support Group  
Women in Recovery  
Breastfeeding Support Group

18

Sober Life Peer Support Activities

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Ruby Mountain CoDA meeting

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NAMI Connection Recovery Support Group  
Women in Recovery  
Breastfeeding Support Group

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Sober Life Peer Support Activities  
NGM Bike Rodeo

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Ruby Mountain CoDA meeting

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# Calendar of Events

July 2025

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		Rural Providers Meeting Parents Supporting Parents CADV You Are Not Alone Support Group	Sober Life Peer Support Elko Alzheimer's Support Group	Independence Day NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	
Ruby Mountain CoDA meeting		Compassion Coalition		NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Sr. Ctr. Bingo Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	Survivors of Suicide Attempts Support Group
Ruby Mountain CoDA meeting	Zero Suicides Elko County Grief Support Group	NAMI Online Family Support Group NAMI Rural/Frontier Nevadans Parents Supporting Parents	Sober Life Peer Support Spring Creek Bingo Dementia Friendly Elko County	NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	
Ruby Mountain CoDA meeting				NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	
Ruby Mountain CoDA meeting				Breastfeeding Support Group Women in Recovery		





# Calendar of Events

August 2025

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					Sober Life Peer Support Activities	1	2
Ruby Mountain CoDA meeting	4	Rural Providers Meeting National Night Out Elko Parents Supporting Parents CADV You Are Not Alone Support Group	Sober Life Peer Support Elko Alzheimer's Support Group	NAMI Connection Recovery Support Group Women in Recovery Online Foster Parent Orientations Breastfeeding Support Group	Sober Life Peer Support Activities	8	Survivors of Suicide Attempts Support Group
Ruby Mountain CoDA meeting	Zero Suicides Elko County Grief Support Group	Compassion Coalition		NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Sr. Ctr. Bingo Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	15	16
Ruby Mountain CoDA meeting	18	NAMI Online Family Support Group NAMI Rural/Frontier Nevadans Parents Supporting Parents	Sober Life Peer Support Spring Creek Bingo Dementia Friendly Elko County	NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	22	23
Ruby Mountain CoDA meeting	25	26	27	NAMI Connection Recovery Support Group Women in Recovery Breastfeeding Support Group	Sober Life Peer Support Activities	29	30
Ruby Mountain CoDA meeting							



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## **National Alliance on Mental Illness (NAMI)**

Online Meeting for Rural/Frontier Nevadans

Third Tuesday of the month, 5 p.m.

Contact Haley Ragland at [haley@naminenv.org](mailto:haley@naminenv.org).

Learn more at <https://naminevada.org/>.

Online Family Support Group - Third Tuesday of the month.

Starts at 5:30 p.m.

Contact: Crystal - [crystal.namiwnv@gmail.com](mailto:crystal.namiwnv@gmail.com) or 775.350.7977

Online NAMI Connection Recovery Support Group -

Every Thursday.

Starts at 5:30 p.m.

Contact: Julie - [julie.namiwnv@gmail.com](mailto:julie.namiwnv@gmail.com)



# RUBY MOUNTAIN CoDA MEETING

## WHEN

Every Sunday  
1pm-2pm

## WHERE

Club 164

2140 Idaho St., Elko, NV 89801

## Am I Codependent?

Personal crises or unbearable, chronic, emotional pain brought many of us to CoDA. We came to our first meeting feeling hopeless and helpless. We wondered why our efforts to fix ourselves and others were not working, no matter how hard we tried. We had come to a crossroad: continue our old ways of coping or look for a new way out of our pain.

## Co-DEPENDENTS

### ANONYMOUS

**CoDA** - A PROGRAM OF RECOVERY FROM CODEPENDENCE, WHERE EACH OF US MAY SHARE OUR EXPERIENCE, STRENGTH, AND HOPE IN OUR EFFORTS TO FIND FREEDOM WHERE THERE HAS BEEN BONDAGE, AND PEACE WHERE THERE HAS BEEN TURMOIL IN OUR RELATIONSHIPS WITH OTHERS AND OURSELVES.

## WHAT IS A MEETING?

A CoDA meeting is comprised of a group of people who come together around their shared desire for healthy and loving relationships. The group uses the Twelve Steps and Twelve Traditions of Co-Dependents Anonymous as the basis for working toward recovery. It is a place to find sponsorship and fellowship as well as the sharing of experience, strength, and hope. A strong sense of acceptance and community makes a meeting attractive to both the newcomer and old-timer.

## FOR MORE INFO ABOUT CoDA:

[www.coda.org](http://www.coda.org)  
[info@coda.org](mailto:info@coda.org)  
Phone: 888-444-2359  
Elko: 970-209-4061



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## **Zero Suicides Elko County**

### Suicide Prevention Group

Meetings are the second Thursday of each month from  
11:00 a.m. - noon at  
Northeastern Nevada Regional Hospital  
(Go through the cafeteria)

Attend in person or by Zoom  
Call Lynette Vega, (775) 397-1911, for information.



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The background of the slide is a soft watercolor wash in shades of light blue and green. There are several green leaves and stems illustrated in a delicate, painterly style. One branch with leaves is in the top left corner, and another is in the bottom right corner.

## Zero Suicides Elko County Grief Support Group

Time: 6pm

2nd Monday of every month.

Join Zoom Meeting

Meeting ID: 860 3182 4037

Passcode: 502352

Questions?

Call 775 340-3490





# Rural Providers Meeting

On Zoom

AGENDA: Tuesday, June 3, 2025, on Zoom.

<https://us02web.zoom.us/j/85733262876?pwd=C2KpN0gzOlqZsPlrja9QsDhyjefljA.1>

8:00 a.m.

- I. Introduction – Facilitated by Michael Magney
- II. Presentation – Amy Dewitt-Smith, Neighbor Network of Northern Nevada
- III. Provider Updates/Success Stories

Upcoming meeting:

The next meeting will be on Tuesday, June 3rd.

Upcoming Speakers:

July 1: Kelsie Tadlock, Nevada Rural Counties RSVP Program

August 5: Open

September 2: Katie Ashley and Meghan Michelli, Elko Area Chamber of Commerce

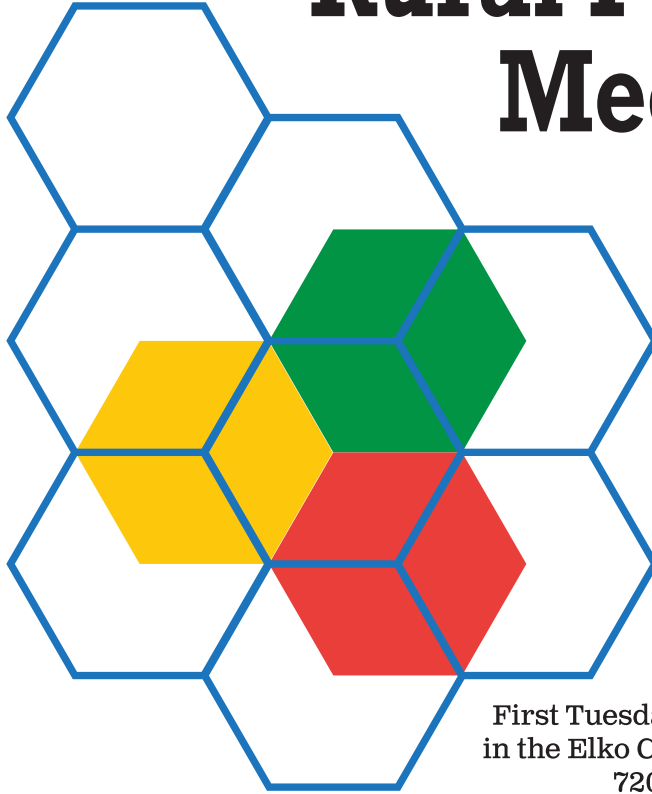
Our next meeting will be Tuesday, July 1, on Zoom.

Any agency that would like to give a 10-minute presentation at an upcoming meeting can email a request to [michael@pacecoalition.org](mailto:michael@pacecoalition.org).

The public is welcome to attend these meetings.



# **PACE Coalition Rural Providers Meetings**



**Connect  
Coordinate  
Coalesce**

First Tuesday of each month at 8:00 a.m.  
in the Elko County Library Meeting Room  
720 Court Street • Elko

Connect with other service providers, organizations, and agencies to share information, make announcements, introduce programs, coordinate efforts, and boost your impact. Open to all.



**PACE Coalition**  
*Healthy Communities ... Whatever it Takes*  
775-777-3451 • [www.pacecoalition.org](http://www.pacecoalition.org)



# SOBER LIFE PEER SUPPORT

Recovery Meetings & Activities



**Get the support  
you need, you are  
not alone:**

Join us for our new program for  
those in recovery from drugs,  
alcohol, etc. to get support from  
others new and old to sobriety.

**Every 1st & 3rd Wednesday - meetings**  
**Every Friday - activity night**  
**7:00-8:00 pm**



**FAMILY  
RESOURCE  
CENTER**

#### **PERKS:**

- Meet other people in recovery
- Continue personal growth
- Fun sober activities and experiences

**LEARN MORE**



**775-753-7352**

**331 7th Street, Elko, NV 89801**  
**[www.elkofrc.org](http://www.elkofrc.org)**



# BINGO

**\$ CASH PRIZES \$**

**Game Packets \$10 each**

Each Packet - 10 games/3 cards per game

Bingo Daubers Available for Purchase

Must be 21 or older to play

Please NO outside FOOD

Snack & Beverage Purchases Available

**Elko**

**2nd Thursday**

of Each Month

Doors open at 5 pm –

Game starts at 5:30 pm

The Terrace at Ruby View

1795 Ruby View Dr. -

**Spring Creek**

**3rd Wednesday,**

of Each Month

Doors open at 5:30 pm –

Game starts at 6 pm

SCA Boardroom

401 Fairway Blvd. – S.C.

For more information

please call us at

775-738-3030





**We invite you to connect with:**

# **Dementia Friendly Elko County!**

**Everyone has a role to play in this community effort!**

**Community Group Meetings:**

**Third Wednesday of every month**

**1:00 PM – 2:30 PM**

**Terrace at Ruby View**

**1795 Ruby View Dr., Elko**



Help support your whole community in becoming more respectful, educated, supportive, and inclusive of people living with dementia and their care partners.



**For more information, contact:**

**Rebecca Hepworth, Co-Facilitator 970-380-4346**



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# **Compassion Coalition**

Second Tuesday of Each Month

2 p.m.

St. Paul's Episcopal Church  
777 Sage Street in Elko

Free

Contact: [therevjulievice@gmail.com](mailto:therevjulievice@gmail.com)



# S.O.S.A. SUPPORT GROUP

## SURVIVORS OF SUICIDE ATTEMPTS

For individuals who have survived a suicide attempt  
& are seeking emotional support

### HOW WOULD YOU BENEFIT?

Connecting with other survivors who understand what you are going through.

Could empower SOSA participants to feel less isolated and to work through their issues.

### INFORMATION TO ATTEND:

PEOPLE WHO ARE INTERESTED WILL  
NEED TO CONTACT CYNDI (# BELOW)  
FOR A BRIEF SCREENING TO  
REGISTER.

**CYNDI ARNETT, MA**

 **(775) 927-0233**



### SECOND SATURDAY OF EACH MONTH

#### AGE GROUPS:

**ADULT 18 & OVER**

**TEENS 12-17**

**(with parental consent)**

### FREE OF CHARGE



**LifeQuest Elko**

**(775) 299-3738**

**Nevada Teen Peer Support Text Line**

**(775) 296-8336**

**National Alliance on Mental Illness (NAMI)**

**(775) 388-8432**

**Adult Crisis Care Team**

**(775) 688-1670**

**National Suicide Prevention**

**Call or Text 988**



## **Elko Alzheimer's Support Group Elko Caregivers Support Group**

**Caring for loved ones is a challenging responsibility. Watching someone move from independence to dependence can be overwhelming as there are so many decisions, so many possibilities to face and to overcome.**

**This “All-in-One Support Group” is designed to help you navigate the difficulties and joys of this 24/7 job. Sharing with and learning from one another is one of our goals. A second is beating the stigma of Alzheimer's and other dementias. A third is connecting participants with services and resources.**

**Please join us!  
1<sup>st</sup> Wednesday of Each  
Month**

**1-3pm  
Please Join us**

**The Terrace at Ruby Vista  
1795 Ruby View Drive**

**For more information contact:  
Gini Cunningham [ginihc25@gmail.com](mailto:ginihc25@gmail.com)**

**Margaret Marcucci [mkmarcucci56@gmail.com](mailto:mkmarcucci56@gmail.com)**



WELCOME LADIES TO THE  
WOMEN IN RECOVERY  
MEETING AT CLUB 164 EVERY  
THURSDAY, 5:30-6:30PM.  
BRING SOMETHING TO SHARE WITH  
THE GROUP (STORIES, READINGS,  
ENCOURAGEMENT). LEARN TO ENJOY  
LIFE WITH OTHERS WHO KNOW THEY  
NEED SUPPORT WHILE THEY WALK  
THE ROAD OF RECOVERY!





# ONLINE FOSTER PARENT ORIENTATIONS

FIRST THURSDAY'S OF THE MONTH

6:30PM TO 8:30PM

REGISTER AT

[WWW.RURALNVFOSTERCARE.COM](http://WWW.RURALNVFOSTERCARE.COM)



NEVADA DIVISION OF CHILD & FAMILY SERVICES





CADV Monthly support  
Group for Victims of Abuse

# YOU ARE NOT ALONE

Join us in a safe and supportive space where healing begins.

Are you or someone you know experiencing domestic and sexual violence, or family abuse? Our support group offers a confidential, welcoming environment where survivors can share their stories, find strength, and rebuild their lives.



What We Offer:

- A compassionate community of survivors
- Peer support and understanding
- Resources for healing and empowerment



Details:

- When: 1st Tuesday of the Month @4:30pm
- Where: Contact us for details
- Who: Open to all victims of domestic, sexual, and family violence
- Cost: Free of charge

How to Join: To protect your privacy, please contact us for more details about the support group.

You are not alone. Help and hope are just a call away.

24/7 Crisis Line: 775-738-9454



CONTACT US

Office: 775-738-6524  
E-mail: [deana@cadvelko.org](mailto:deana@cadvelko.org)





# Breastfeeding Peer Support Group

Every Thursday  
10am-11am  
Family Resource Center  
331 7th St. Elko

JOIN US FOR AN HOUR OF ACTIVITIES AND DISCUSSION







Children's Rural Mobile Crisis invites you to attend our Parents Supporting Parents virtual support group for parents or guardians of youth experiencing mental health or behavioral health challenges.

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Please join us on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month  
from 5:30 to 6:30 pm  
Group begins Tuesday, September 17<sup>th</sup>, 2024

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Please email Jasmine Casey or Erin Lyngar with any questions and/or to get on our mailing list

[j.casey@health.nv.gov](mailto:j.casey@health.nv.gov)

[elyngar@health.nv.gov](mailto:elyngar@health.nv.gov)

*"In your most challenging parenting moments, take a deep breath and try to remember that the moment your child is at their most challenging is the moment your child is struggling with the most challenges." -LR Knost*

*Group facilitated by trained Family Peer Support Specialists with*





# GREAT HUMBOLDT DUCK RACE

## \$1500 PRIZE

Lame Duck Award  
\$250 for last place.

Sponsored by

Everything

**ELKO**



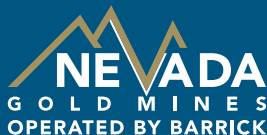


Single Duck	\$5
Quack Pack (6 ducks)	\$25
Bronze Quack Pack (30 ducks)	\$100
Silver Quack Pack (90 ducks)	\$250
Gold Quack Pack (200 ducks)	\$500



9 A.M. July 25, 2025  
Angel Park, Elko  
(775) 738-3418





Join NGM and Partners for a  
**COMMUNITY  
SAFETY EVENT**

# BIKE RODEO

## ELKO

June 27

9:00 AM - 12:00 PM

Adobe Middle School

## WINNEMUCCA

June 28

11:00 AM - 1:00 PM

HGH Ambulance Bldg

**ACTIVITIES INCLUDE: RIDING COURSE, BIKE INSPECTIONS,  
BIKE MAINTENANCE, RIDING TIPS, SAFETY COACHING,  
COMMUNITY PARTNER BOOTHS & MUCH MORE!**

**Attendees will receive a FREE Ice Cream, Bike Helmet & Fitting,  
and Stop the Bleed Kit *(while supplies last for each)***

***All community members are invited to this fun safety event—not just for kids!  
Parent/Guardian signatures are required for youth participation.***

## THANKS TO OUR PARTNERS

Nevada Outdoor School | Desert Sunrise Rotary Club | Empire CAT | Stonerock Sound |  
Orla Mining | Pinion Rehabilitation Physical Therapy | Elko Velo Cycling Club | Terry's |  
Elko Fire Department | Komatsu | Americorps | Boart Longyear | Elko City Police |  
Elko County School District | Elko County Ambulance | Intermountain Health | REACH  
Winnemucca City Police | Humboldt General Hospital | Humboldt County Sheriff



**HIKE INTO SUMMER**



**June 10<sup>th</sup> | 10am**

**Talbot Trail in Lamoille**

Call 775-777-0814 for more Information