



Calendar of Events

February 2025

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Ruby Mountain CoDA meeting		Rural Providers Meeting Trauma-Informed Response for the Justice System	Sober Life Peer Support Elko Alzheimer's Support Group Trauma-Informed Response for the Justice System	NAMI Connection Recovery Support Group Women in Recovery Online Foster Parent Orientations	Sober Life Peer Support Activities	Survivors of Suicide Attempts Support Group
2	3	4	5	6	7	8
Ruby Mountain CoDA meeting	Zero Suicides Elko County Grief Support Group		VALENTINE'S DAY Compassion Coalition	NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Sr. Ctr. Bingo Women in Recovery	Sober Life Peer Support Activities	
9	10	11	12	13	14	15
Ruby Mountain CoDA meeting	PRESIDENT'S DAY	NAMI Online Family Support Group NAMI Rural/Frontier Nevadans	Sober Life Peer Support Spring Creek Bingo Dementia Friendly Elko County	NAMI Connection Recovery Support Group Women in Recovery	Sober Life Peer Support Activities	
16	17	18	19	20	21	22
Ruby Mountain CoDA meeting				NAMI Connection Recovery Support Group Women in Recovery	Sober Life Peer Support Activities	
23	24	25	26	27	28	



Calendar of Events

March 2025

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Ruby Mountain CoDA meeting		Rural Providers Meeting (online)	Sober Life Peer Support Elko Alzheimer's Support Group	NAMI Connection Recovery Support Group Women in Recovery Online Foster Parent Orientations	Sober Life Peer Support Activities	Survivors of Suicide Attempts Support Group Global One Media Health & Fitness Fair
2	3	4	5	6	7	8
DAYLIGHT SAVINGS TIME BEGINS Ruby Mountain CoDA meeting	Zero Suicides Elko County Grief Support Group		Compassion Coalition	NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Sr. Ctr. Bingo Women in Recovery	Sober Life Peer Support Activities	
9	10	11	12	13	14	15
ST. PATRICK'S DAY Ruby Mountain CoDA meeting		NAMI Online Family Support Group NAMI Rural/Frontier Nevadans	Sober Life Peer Support Spring Creek Bingo Dementia Friendly Elko County	NAMI Connection Recovery Support Group Women in Recovery	Sober Life Peer Support Activities	
16	17	18	19	20	21	22
Ruby Mountain CoDA meeting				NAMI Connection Recovery Support Group Women in Recovery	Sober Life Peer Support Activities	
23	24	25	26	27	28	29
EASTER Ruby Mountain CoDA meeting						
30	31					



Calendar of Events

April 2025

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		Rural Providers Meeting 1	Sober Life Peer Support Elko Alzheimer's Support Group 2	NAMI Connection Recovery Support Group Women in Recovery Online Foster Parent Orientations 3	Sober Life Peer Support Activities 4	5
Ruby Mountain CoDA meeting 6	7	8	Compassion Coalition 9	NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Senior Center Bingo Women in Recovery 10	Sober Life Peer Support Activities 11	Survivors of Suicide Attempts Support Group 12
Ruby Mountain CoDA meeting 13	Zero Suicides Elko County Grief Support Group 14	NAMI Online Family Support Group NAMI Rural/Frontier Nevadans 15	Sober Life Peer Support Spring Creek Bingo Dementia Friendly Elko County 16	NAMI Connection Recovery Support Group Women in Recovery 17	Sober Life Peer Support Activities 18	19
EASTER SUNDAY Ruby Mountain CoDA meeting 20	21	22	23	NAMI Connection Recovery Support Group Women in Recovery 24	Sober Life Peer Support Activities 25	Clean Up Green Up Drug Take-Back Day 26
Ruby Mountain CoDA meeting 27	28	29	30			

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National Alliance on Mental Illness (NAMI)

Online Meeting for Rural/Frontier Nevadans

Third Tuesday of the month, 5 p.m.

Contact Haley Ragland at haley@naminenv.org.

Learn more at <https://naminevada.org/>.

Online Family Support Group - Third Tuesday of the month.

Starts at 5:30 p.m.

Contact: Crystal - crystal.namiwnv@gmail.com or 775.350.7977

Online NAMI Connection Recovery Support Group -

Every Thursday.

Starts at 5:30 p.m.

Contact: Julie - julie.namiwnv@gmail.com

RUBY MOUNTAIN CoDA MEETING

WHEN

Every Sunday
1pm-2pm

WHERE

Club 164

2140 Idaho St., Elko, NV 89801

Am I Codependent?

Personal crises or unbearable, chronic, emotional pain brought many of us to CoDA. We came to our first meeting feeling hopeless and helpless. We wondered why our efforts to fix ourselves and others were not working, no matter how hard we tried. We had come to a crossroad: continue our old ways of coping or look for a new way out of our pain.

Co-DEPENDENTS

ANONYMOUS

CoDA - A PROGRAM OF RECOVERY FROM CODEPENDENCE, WHERE EACH OF US MAY SHARE OUR EXPERIENCE, STRENGTH, AND HOPE IN OUR EFFORTS TO FIND FREEDOM WHERE THERE HAS BEEN BONDAGE, AND PEACE WHERE THERE HAS BEEN TURMOIL IN OUR RELATIONSHIPS WITH OTHERS AND OURSELVES.

WHAT IS A MEETING?

A CoDA meeting is comprised of a group of people who come together around their shared desire for healthy and loving relationships. The group uses the Twelve Steps and Twelve Traditions of Co-Dependents Anonymous as the basis for working toward recovery. It is a place to find sponsorship and fellowship as well as the sharing of experience, strength, and hope. A strong sense of acceptance and community makes a meeting attractive to both the newcomer and old-timer.

FOR MORE INFO ABOUT CoDA:

www.coda.org
info@coda.org
Phone: 888-444-2359
Elko: 970-209-4061

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Zero Suicides Elko County
Suicide Prevention Group

Meetings are the second Thursday of each month from
11:00 a.m. - noon at
Northeastern Nevada Regional Hospital
(Go through the cafeteria)

Attend in person or by Zoom
Call Lynette Vega, (775) 397-1911, for information.

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Zero Suicides Elko County Grief
Support Group

Time: 6pm

2nd Monday of every month.

Join Zoom Meeting

Meeting ID: 860 3182 4037

Passcode: 502352

Questions?

Call 775 340-3490



Rural Providers Meeting

On Zoom

AGENDA: Tuesday, February 4, 2025, on Zoom.

<https://us02web.zoom.us/j/81961460180?pwd=fa3tm10aaxtKK6CGdoge3KjvuC9S07.1>

8:00 a.m.

- I. Introduction – Facilitated by Michael Magney
- II. Presentation – Shelby Riley, DCF5 Nevada Rural Foster Care Recruiter.
- III. Provider Updates/Success Stories

Upcoming meeting:

The next meeting will be Tuesday, March 4th.

Upcoming Speakers:

March 4: Lori Caldwell, Nevada Department of Education, Training, and Rehabilitation.

April 1: Trevor Hanlon, Battle Born Youth Challenge Academy

May 6: Jesslyn Hoppe-Keiser, Planned Parenthood Mar Monte

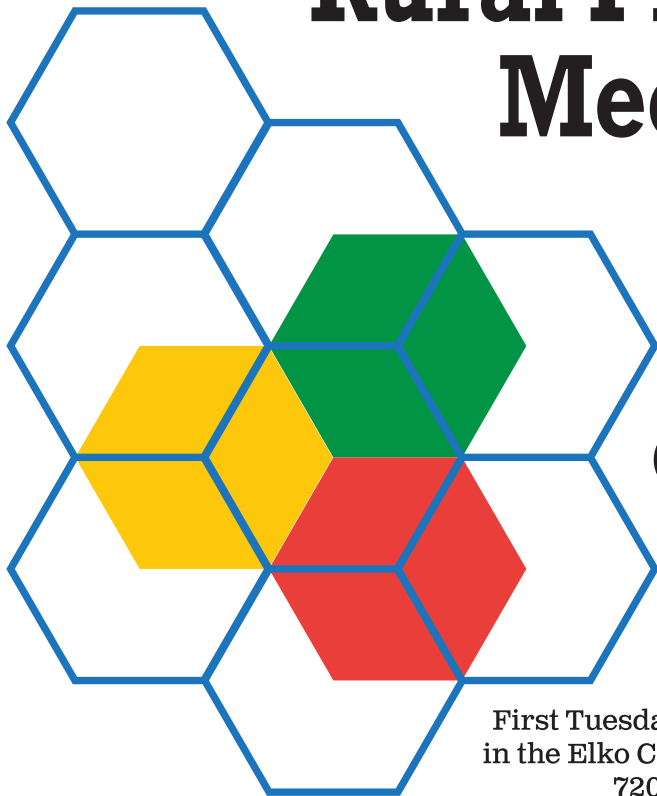
June 3: Amy Dewitt-Smith, Neighbor Network of Northern Nevada

Any agency that would like to give a 10-minute presentation at an upcoming meeting can email a request to michael@pacecoalition.org.

The public is welcome to attend these meetings.

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PACE Coalition Rural Providers Meetings



Connect
Coordinate
Coalesce

First Tuesday of each month at 8:00 a.m.
in the Elko County Library Meeting Room
720 Court Street • Elko

Connect with other service providers, organizations, and agencies to share information, make announcements, introduce programs, coordinate efforts, and boost your impact. Open to all.



PACE Coalition
Healthy Communities ... Whatever it Takes
775-777-3451 • www.pacecoalition.org

SOBER LIFE PEER SUPPORT

Recovery Meetings & Activities



**Get the support
you need, you are
not alone:**

Join us for our new program for those in recovery from drugs, alcohol, etc. to get support from others new and old to sobriety.


Every 1st & 3rd Wednesday - meetings
Every Friday - activity night
7:00-8:00 pm



PERKS:

- Meet other people in recovery
- Continue personal growth
- Fun sober activities and experiences

LEARN MORE

 775-753-7352

331 7th Street, Elko, NV 89801
www.elkofrc.org

BINGO

\$ CASH PRIZES \$

Game Packets \$10 each

Each Packet - 10 games/3 cards per game

Bingo Daubers Available for Purchase

Must be 21 or older to play

Please NO outside FOOD

Snack & Beverage Purchases Available

Elko

**2nd Thursday
of Each Month**

Doors open at 5 pm –
Game starts at 5:30 pm
The Terrace at Ruby View
1795 Ruby View Dr. -

Spring Creek

**3rd Wednesday,
of Each Month**

Doors open at 5:30 pm –
Game starts at 6 pm
SCA Boardroom
401 Fairway Blvd. – S.C.

For more information
please call us at
775-738-3030



We invite you to connect with:

Dementia Friendly Elko County!

Everyone has a role to play in this community effort!

Community Group Meetings:

Third Wednesday of every month

1:00 PM – 2:30 PM

Terrace at Ruby View

1795 Ruby View Dr., Elko



Help support your whole community in becoming more respectful, educated, supportive, and inclusive of people living with dementia and their care partners.



For more information, contact:

Rebecca Hepworth, Co-Facilitator 970-380-4346

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Compassion Coalition

Second Wednesday of Each Month

2 p.m.

St. Paul's Episcopal Church
777 Sage Street in Elko

Free

Contact: therevjulievice@gmail.com

S.O.S.A. SUPPORT GROUP

SURVIVORS OF SUICIDE ATTEMPTS

For individuals who have survived a suicide attempt
& are seeking emotional support

HOW WOULD YOU BENEFIT?

Connecting with other survivors who understand what you are going through.

Could empower SOSA participants to feel less isolated and to work through their issues.

INFORMATION TO ATTEND:

PEOPLE WHO ARE INTERESTED WILL
NEED TO CONTACT CYNDI (# BELOW)
FOR A BRIEF SCREENING TO
REGISTER.

CYNDI ARNETT, MA

 (775) 927-0233



SECOND SATURDAY OF EACH MONTH

AGE GROUPS:

ADULT 18 & OVER

TEENS 12-17

(with parental consent)

FREE OF CHARGE



LifeQuest Elko

(775) 299-3738

Nevada Teen Peer Support Text Line

(775) 296-8336

National Alliance on Mental Illness (NAMI)

(775) 388-8432

Adult Crisis Care Team

(775) 688-1670

National Suicide Prevention

Call or Text 988

Elko Alzheimer's Support Group Elko Caregivers Support Group

Caring for loved ones is a challenging responsibility. Watching someone move from independence to dependence can be overwhelming as there are so many decisions, so many possibilities to face and to overcome.

This "All-in-One Support Group" is designed to help you navigate the difficulties and joys of this 24/7 job. Sharing with and learning from one another is one of our goals. A second is beating the stigma of Alzheimer's and other dementias. A third is connecting participants with services and resources.

**Please join us!
1st Wednesday of Each
Month**

**1-3pm
Please Join us**

**The Terrace at Ruby Vista
1795 Ruby View Drive**

**For more information contact:
Gini Cunningham ginilc25@gmail.com**

Margaret Marcucci mkmarcucci56@gmail.com

WELCOME LADIES TO THE
WOMEN IN RECOVERY
MEETING AT CLUB 164 EVERY
THURSDAY, 5:30-6:30PM.
BRING SOMETHING TO SHARE WITH
THE GROUP (STORIES, READINGS,
ENCOURAGEMENT). LEARN TO ENJOY
LIFE WITH OTHERS WHO KNOW THEY
NEED SUPPORT WHILE THEY WALK
THE ROAD OF RECOVERY!

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ONLINE FOSTER PARENT ORIENTATIONS

FIRST THURSDAY'S OF THE MONTH

6:30PM TO 8:30PM

REGISTER AT

WWW.RURALNVFOSTERCARE.COM



NEVADA DIVISION OF CHILD & FAMILY SERVICES

PRE-SERVICE TRAINING FOR FOSTER CARE APPLICANTS

Provided by Nevada Division of
Child & Family Services
January 28th - February 6th
5:45PM -8:15PM

All dates:

January 28

January 30

February 4

February 6

This training offers a foundational understanding of foster parenting required for licensure. Continuing training and skill building is offered during & after the foster licensing process.

To Register for training
Create an account at
www.ruralnvfostercare.com

Questions?



888-423-2659



shelby.riley@dcfs.nv.gov



Powered By:
Microsoft Teams



Topics Covered:

- Foster parent roles & keys to successful fostering.
- Helping children with special needs.
- Helping children who have experienced trauma.
- Working with the birth families & reunification
- The foster care licensing process.
- You will also hear from a panel of people with lived experience in the foster care system.



TRAUMA-INFORMED RESPONSE FOR THE JUSTICE SYSTEM

RECOGNIZE THE IMPACT OF TRAUMA AND
HELP VICTIMS OF CRIME BE BETTER
UNDERSTOOD

BUILD STRONGER CASES AND FIND
MISSING EVIDENCE WHILE HELPING
JUDICIAL, LAW ENFORCEMENT, AND
VICTIM SERVICES PROFESSIONALS TO
UNDERSTAND THE BASIC SCIENTIFIC
CONCEPTS CONCERNING THE
NEUROBIOLOGY OF TRAUMA.

Retired Detective Justin Boardman was in law enforcement for 15 years, all with the West Valley City Police Department. During these years, he has had a very diverse career. His first eight years were spent as a patrol officer in this very active city. In that capacity, he was awarded the Police Star, multiple Life Saving, Distinguished Service, and Meritorious Service Awards.



**FEBRUARY 4 & 5, 2025
9AM TO 4PM**

**REGIONAL PUBLIC SAFETY TRAINING CENTER
5190 SPECTRUM BLVD, #3903, RENO, NV 89512**

CONTACT KARI GONZALEZ TO RSVP: LEGALADV@FPST.ORG



Children's Rural Mobile Crisis invites you to attend our Parents Supporting Parents virtual support group for parents or guardians of youth experiencing mental health or behavioral health challenges.

Please join us on the 1st and 3rd Tuesday of each month
from 5:30 to 6:30 pm
Group begins Tuesday, September 17th, 2024

Please email Jasmine Casey or Erin Lyngar with any questions and/or to get on our mailing list

j.casey@health.nv.gov

elyngar@health.nv.gov

"In your most challenging parenting moments, take a deep breath and try to remember that the moment your child is at their most challenging is the moment your child is struggling with the most challenges." -LR Knost

Group facilitated by trained Family Peer Support Specialists with



22ND ANNUAL CLEAN UP

TAKING PRIDE IN OUR COMMUNITY



Join us for a local
community clean up.

SATURDAY 8:00AM-11:00AM
APRIL 26

REGISTER: envco@elkocitynv.gov

COMPLETE: A waiver for participants that
will be emailed to you.

QUESTIONS: Call 775-777-0517

MEET: At the Main City Park



Trash bags will be supplied. Please dress
appropriately for the weather.



ELKO
SANITATION

