



# Calendar of Events

September 2017

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					1	2
	LABOR DAY	Rural Providers Meeting		NAMI Connections		Walk in Memory, Walk for Hope
3	4	5	6	7	8	9
	PATRIOT DAY	ZERO Suicides Reception ZERO Suicides Presentation	NAMI Library Group Alzheimer's Elko Support Group	NAMI Connections		
10	11	12	13	14	15	16
		NAMI Family-To-Family Support	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.	NAMI Connections	Stephanie's Softball Tournament	Stephanie's Softball Tournament
17	18	19	20	21	22	23
Stephanie's Softball Tournament			NAMI Library Group	NAMI Connections		
24	25	26	27	28	29	30



# Calendar of Events

October 2017

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1	2	Rural Providers Meeting	4	NAMI Connections	6	7
8	COLUMBUS DAY	10	NAMI Library Group Alzheimer's Elko Support Group	12	13	14
15	16	NAMI Family-To-Family Support	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.	19	20	21
22	23	24	NAMI Library Group	NAMI Connections	27	28
29	30	HALLOWEEN				



# Calendar of Events

November 2017

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			1	NAMI Connections 2	3	4
DAYLIGHT SAVING 5	6	Rural Providers Meeting 7	NAMI Library Group Alzheimer's Elko Support Group 8	NAMI Connections 9	10	VETERANS' DAY 11
12	13	14	15	NAMI Connections 16	17	18
19	20	NAMI Family-To-Family Support 21	NAMI Library Group 22	THANKSGIVING DAY 23	24	25
26	27	28	29	NAMI Connections 30		



# Calendar of Events

December 2017

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					1	2
3	4	Rural Providers Meeting 5	6	NAMI Connections 7	8	9
10	11	HANUKKAH BEGINS 12	NAMI Library Group Alzheimer's Elko Support Group 13	NAMI Connections 14	15	16
17	18	NAMI Family-To-Family Support 19	HANUKKAH ENDS 20	NAMI Connections 21	22	23
24	CHRISTMAS 25	KWANZAA BEGINS 26	NAMI Library Group 27	NAMI Connections 28	29	30
31	KWANZAA ENDS					



# Calendar of Events

January 2018

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NEW YEAR'S  
HOLIDAY

Rural Providers  
Meeting

NAMI Connections

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NAMI Library Group

Alzheimer's Elko  
Support Group

10

NAMI Connections

11

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13

MARTIN LUTHER  
KING DAY

NAMI Family-To-  
Family Support

NAMI Connections

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NAMI Library Group

NAMI Connections

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# Calendar of Events

February 2018

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				NAMI Connections		
				1	2	3
4	5	Rural Providers Meeting	7	NAMI Connections	9	10
11	12	13	VALENTINE'S DAY Alzheimer's Elko Support Group	NAMI Connections	16	17
18	PRESIDENT'S DAY	NAMI Family-To-Family Support	NAMI Library Group	NAMI Connections	23	24
25	26	27	28	NAMI Connections		



# Calendar of Events

March 2018

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				NAMI Connections			
				1	2	3	
		Rural Providers Meeting		NAMI Connections			
4	5	6	7	8	9	10	
			NAMI Library Group	NAMI Connections		ST. PATRICK'S DAY	
11	12	13	Alzheimer's Elko Support Group	14	15	16	17
		NAMI Family-To-Family Support		NAMI Connections			
18	19	20	21	22	23	24	
			NAMI Library Group	NAMI Connections			
25	26	27	28	29	30	31	



# Calendar of Events

April 2018

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EASTER 1	2	Rural Providers Meeting 3	4	NAMI Connections 5	6	7
8	9	10	NAMI Library Group Alzheimer's Elko Support Group 11	NAMI Connections 12	13	14
15	16	NAMI Family-To-Family Support 17	18	NAMI Connections 19	20	21
22	23	24	NAMI Library Group 25	NAMI Connections 26	27	28
29	30					





# Calendar of Events

May 2018

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Rural Providers Meeting

NAMI Connections

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NAMI Library Group

Alzheimer's Elko Support Group

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NAMI Connections

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12

MOTHER'S DAY

NAMI Family-To-Family Support

NAMI Connections

ARMED FORCES DAY

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NAMI Library Group

NAMI Connections

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MEMORIAL DAY

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# Calendar of Events

June 2018

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3	4	Rural Providers Meeting 5	6	NAMI Connections 7	8	9
10	11	12	NAMI Library Group Alzheimer's Elko Support Group 13	FLAG DAY NAMI Connections 14	15	16
FATHER'S DAY 17	18	NAMI Family-To-Family Support 19	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs. 20	NAMI Connections 21	22	23
24	25	26	NAMI Library Group 27	NAMI Connections 28	29	30



# Calendar of Events

July 2018

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Rural Providers Meeting

INDEPENDENCE DAY

NAMI Connections

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NAMI Library Group

NAMI Connections

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Alzheimer's Elko Support Group

NAMI Family-To-Family Support

Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.

NAMI Connections

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NAMI Library Group

NAMI Connections

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# Calendar of Events

August 2018

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Elko County Library

NAMI Connections

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Rural Providers Meeting  
National Night Out  
Against Crime

7

NAMI Library Group  
Alzheimers Caregivers  
Support Group

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NAMI Connections

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NAMI Connections

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NAMI Family-To-Family  
Support

21

NAMI Library Group

22

NAMI Connections

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NAMI Connections

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# PACE Coalition Rural Providers Meeting

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First Tuesday of each month.\*

8 a.m. - 9 a.m.

Elko County Library  
720 Court St., Elko, NV

Free

\*Unless falling on a state or federal holiday.

(775) 777-3451



# NAMI | Elko County Support

## Elko's NAMI Support Groups



- NAMI Connections are **free** recovery support groups for adults living with mental health challenges living here in Elko County or other areas in Northeastern Nevada.
- NAMI offers a casual and relaxed approach for **sharing the challenges and successes** of mental health issues.
- All groups are **confidential** and participants can share as much or as little personal information as they see fit.

**We have three totally free NAMI support groups in Elko, Nevada!**

### Peer-To-Peer Support

#### First Presbyterian Church

Date: Every Thursday

Time: 5:30 - 7:00 P.M.

Location: 1559 Sewell Ave in Elko

Room: Parlor Room

Call us at [\(775\)-385-7833](tel:(775)385-7833) or [\(775\)-397-3648](tel:(775)397-3648) for more information about the weekly group.

### Peer-To-Peer Support

#### Elko County Library

Date: 2nd/4th Wednesday of The Month

Time: Noon - 1:30 P.M.

Location: 720 Court Street in Elko

Room: Bruce Memorial Room

Call us [\(775\)-388-8432](tel:(775)388-8432) or email us at [nlsdpt@gmail.com](mailto:nlsdpt@gmail.com) for more information about the every other Wednesday group.

### Family-To-Family Support

#### Elko County Library

Date: 3rd Tuesday of The Month

Time: 6:00 - 7:30 P.M.

Location: 720 Court Street in Elko

Room: Bruce Memorial Room

Call us at [\(775\)-389-0828](tel:(775)389-0828) or [\(907\)-209-4061](tel:(907)209-4061) for information about family to family monthly group.

# stigmafree



know the facts • learn the signs • provide help



Support groups are **free** and open to **all adults** in need, regardless of diagnosis.

**Everyone** is a valued participant at NAMI!

## Nutrition Services

### Q&A with the Dietitian

Join us the 3<sup>rd</sup> Wednesday of every month as we host two local registered dietitians to answer questions regarding nutrition needs. This is a FREE volunteer program, to provide those directly affected by cancer with the tools for a healthy diet.

**What:** Q&A with Registered Dietitians/Live Demo

**When:** 3<sup>rd</sup> Wednesday of Every Month

- January 18<sup>th</sup>
- February 15<sup>th</sup>
- March 15<sup>th</sup>
- April 19<sup>th</sup>
- May 17<sup>th</sup>
- June 21<sup>th</sup>
- July 19<sup>th</sup>
- August 16<sup>th</sup>
- September 20<sup>st</sup>
- October 18<sup>th</sup>

**Where:** Northeastern Nevada Radiation Oncology Center

**Time:** 4:00 p.m. to 5:00 p.m.

*Please RSVP no later than the second Friday of the month with Shila Morgan at (775)748-HOPE.*

We hope to see you there!





## Elko Support Group

The Alzheimer's Association's Caregiver Support Groups are designed to provide emotional and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person living with Alzheimer's disease or a related form of dementia.

Our support groups are free of charge and walk-ins are welcome. Open discussion with a trained facilitator. Call 800.272.3900 for more information.

**Date:**

2nd Wednesday of the month

**Time:** 1 – 2 pm

**Location:**

The Terrace at Ruby View,  
“Elko's Senior & Active Lifestyle  
Center”

1795 Ruby View Drive  
Elko, Nevada 89801

**Faciliator:**

Ginger Perry

**Contact:** 800.272.3900





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# Elko County Save Lives!



# Suicides

*The public is encouraged to attend!*

**Sat  
Sept 9**

## 12th Annual Walk in Memory, Walk for Hope

This is a walk in **memory** for those who have died by suicide and in **hopes** of stopping more suicides. Registration begins at 8:00 a.m., Memory-Walk begins at 8:45 a.m. **Anyone is welcome to attend.**

Elko City Park, Horizon Hospice Memorial Rose Garden, Elko, NV

**Tues  
Sept 12**

## Saves Lives! ZERO Suicides Reception

The ZERO Suicide reception will be held from 3-5 p.m. Food and drink will be served plus music entertainment outside in the amphitheatre. Entertainment by **POE with Steezy Boy Records**, songs include "Courage", "No More, " etc. For more information, contact the GBC Library at 775.753.2222.

Great Basin College, Library, 1500 College Parkway, Elko, Nevada

**Tues  
Sept 12**

## Saves Lives! ZERO Suicides Presentation

Suicide Attempt Survivors Document. Guest speakers will hold their presentations from 5:30-7:30 p.m. Speakers include: **Marianne McKown, CADV**; **Jill Tingey, UNR Cooperative Extension**; **Julie Woodbury, UNR Cooperative Extension**; **Stormy Remington, SOSL**; **Lynette Vega - SOSL**; **Brian Gomez, Vitality Integrated Programs**; **Flora Boyer, NAMI**; and a representative from the **Veterans Resource Center**. For more information, contact: **Lynette Vega** at 775.397.1911 or **Stormy Remington** at 775.385.6569.

Great Basin College, Theatre 1500 College Parkway, Chilton Circle, Elko, Nevada



## MAIN CONTACTS FOR ALL EVENTS

Lynette Vega  
775.397.1911

Stormy Remington  
775.385.6569



— est. 1967 —

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COUNTY SAVES LIVES

# ZERO SUICIDES CONCERT & RECEPTION

## POE LEOS

W/STEEZY BOY RECORDS

## & JORDAN RAFAEL

COURAGE»NO MORE



09.12.17 • 3PM  
GBC OUTDOOR AMPITHEATRE

# FREE CONCERT



BOYS & GIRLS CLUBS  
OF ELKO

LYNETTE VEGA 775.397.1911 • STORMY REMINGTON 775.385.6569





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MEN'S & CO-ED • ASA SANCTIONED

**SEPTEMBER 22 – 24, 2017**

Herrera Softball Complex

Team Fee: \$275.00

Fees & roster due before first game

**First Pitch – Friday September 22, 6:00 pm**

Registration deadline: Friday, September 15

*\*a portion of the proceeds will be donated to Justice for Stephanie\**



 **RAMADA**

For more information  
email [elkoadultsoftball@yahoo.com](mailto:elkoadultsoftball@yahoo.com)  
or call 775-777-7260