

August 2017

S	M	T	W	T	F	S
Elko County Library		Rural Providers Meeting National Night Out Against Crime	Promoting Health Among Teens	NAMI Connections Promoting Health Among Teens	4	5
6	7	8	NAMI Library Group Alzheimers Caregiv- ers Support Group Be Proud! Be Responsible!	NAMI Connections Be Proud! Be Responsible!	11	12
13	14	NAMI Family-To- Family Support	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.	NAMI Connections	18	19
20	21	22	NAMI Library Group	NAMI Connections	25	26
27	28	29	30	NAMI Connections		



September 2017

S	M	Т	W	Т	F	S
					1	2
3	LABOR DAY	Rural Providers Meeting	6	NAMI Connections	8	9
10	PATRIOT DAY	12	NAMI Library Group Alzheimers Caregiv- ers Support Group	NAMI Connections	15	16
17	18	NAMI Family-To- Family Support	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.	NAMI Connections	22	23
24	25	26	NAMI Library Group	NAMI Connections	29	30



October 2017

S	M	T	W	T	F	S
1	2	Rural Providers Meeting	4	NAMI Connections	6	7
8	COLUMBUS DAY	10	NAMI Library Group Alzheimers Caregivers Support Group	NAMI Connections	13	14
15	16	NAMI Family-To- Family Support	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.	NAMI Connections	20	21
22	23	24	NAMI Library Group	NAMI Connections	27	28
29	30	HALLOWEEN 31				



November 2017

S	M	T	W	T	F	S
			1	NAMI Connections	3	4
DAYLIGHT SAVING	6	Rural Providers Meeting	NAMI Library Group Alzheimers Caregivers Support Group	NAMI Connections	10	VETERANS' DAY
12	13	14	15	NAMI Connections	17	18
19	20	NAMI Family-To- Family Support	NAMI Library Group	THANKSGIVING DAY	24	25
26	27	28	29	NAMI Connections		



December 2017

S	M	Т	W	Т	F	S
					1	2
3	4	Rural Providers Meeting	6	NAMI Connections	8	9
10	11	HANUKKAH BEGINS	NAMI Library Group Alzheimers Caregiv- ers Support Group	NAMI Connections	15	16
17	18	NAMI Family-To- Family Support	HANUKKAH ENDS	NAMI Connections	22	23
24	CHRISTMAS 25	KWANZAA BEGINS	NAMI Library Group	NAMI Connections	29	30
31	KWANZAA ENDS					



January 2018

S	M	T	W	T	F	S
	NEW YEAR'S HOLIDAY	Rural Providers Meeting	3	NAMI Connections	5	6
7	8	9	NAMI Library Group Alzheimers Caregivers Support Group	NAMI Connections	12	1 3
14	MARTIN LUTHER KING DAY	NAMI Family-To- Family Support	17	NAMI Connections	19	20
21	22	23	NAMI Library Group	NAMI Connections	26	27
28	29	30	31			



February 2018

S	M	T	W	T	F	S
				NAMI Connections	2	3
4	5	Rural Providers Meeting	7	NAMI Connections	9	10
11	12	13	VALENTINE'S DAY Alzheimers Caregivers Support Group	NAMI Connections	16	17
18	PRESIDENT'S DAY	NAMI Family-To- Family Support	NAMI Library Group	NAMI Connections	23	24
25	26	27	28	NAMI Connections		



March 2018

S	M	T	W	T	F	S
				NAMI Connections	2	3
4	5	Rural Providers Meeting	7	NAMI Connections	9	10
11	12	13	Alzheimers Caregivers Support Group	NAMI Connections	16	ST. PATRICK'S DAY
18	19	NAMI Family-To- Family Support	NAMI Library Group	NAMI Connections	23	24
25	26	27	28	NAMI Connections	30	31



April 2018

S	M	T	W	T	F	S
EASTER	2	Rural Providers Meeting	4	NAMI Connections	6	7
8	9	10	NAMI Library Group Alzheimers Caregivers Support Group	NAMI Connections	13	14
15	16	NAMI Family-To- Family Support	18	NAMI Connections	20	21
22	23	24	NAMI Library Group	NAMI Connections	27	28
29	30					



May 2018

S	M	T	W	T	F	S
		Rural Providers Meeting	2	NAMI Connections	4	CINCO DE MAYO
			NAMI Library Group	NAMI Connections		
6	7	8	Alzheimers Caregivers Support Group	10	11	12
MOTHER'S DAY		NAMI Family-To- Family Support		NAMI Connections		ARMED FORCES DAY
1 3	14	15	16	17	18	19
			NAMI Library Group	NAMI Connections		
20	21	22	23	24	25	26
	MEMORIAL DAY					
27	28	29	30	31		



June 2018

S	M	Т	W	Т	F	S
					1	2
3	4	Rural Providers Meeting	6	NAMI Connections	8	9
10	11	12	NAMI Library Group Alzheimers Caregiv- ers Support Group	FLAG DAY NAMI Connections	15	16
FATHER'S DAY	18	NAMI Family-To- Family Support	20	NAMI Connections	22	23
24	25	26	NAMI Library Group	NAMI Connections	29	30



July 2018

S	M	T	W	T	F	S
1	2	Rural Providers Meeting	INDEPENDECE DAY	NAMI Connections	6	7
8	9	10	NAMI Library Group Alzheimers Caregiv- ers Support Group	NAMI Connections	1 3	14
15	16	NAMI Family-To- Family Support	18	NAMI Connections	20	21
22	23	24	NAMI Library Group	NAMI Connections	27	28
29	30	31				



Elko Support Group

The Alzheimer's Association's Caregiver Support Groups are designed to provide emotional and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person living with Alzheimer's disease or a related form of dementia.

Our support groups are free of charge and walk-ins are welcome. Open discussion with a trained facilitator. Call 800.272.3900 for more information.

Date:

2nd Wednesday of the month Starts Wednesday June 14, 2017

Time: 1 – 2 pm

Location:

The Terrace at Ruby View, "Elko's Senior & Active Lifestyle Center"

1795 Ruby View Drive

Elko, Nevada 89801

Faciliator:

Ginger Perry

Contact: 800.272.3900



Nutrition Services

O&A with the Dietitian

Join us the 3rd Wednesday of every month as we host two local registered dietitians to answer questions regarding nutrition needs. This is a FREE volunteer program, to provide those directly affected by cancer with the tools for a healthy diet.

What: Q&A with Registered Dietitians/Live Demo

When: 3rd Wednesday of Every Month

January 18th

February 15th

March 15th

April 19th

May 17th

June 21th

July 19th

August 16th

September 20st

October 18th

Where: Northeastern Nevada Radiation Oncology Center

Time: 4:00 p.m. to 5:00 p.m.

Please RSVP no later than the second Friday of the month with Shila Morgan at (775)748-HOPE.

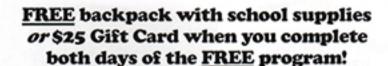
We hope to see you there!







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Promoting Health Among Teens! Ages 10 to 12

9:00 a.m. to 12:00 p.m.

July 12-13 August 2-3 Be Proud! Be Responsible! Ages 13 to 19

9:00 a.m. to 12:00 p.m. July 19-20 August 9-10

Location:

Family Resource Center, 331 7th Street, Elko



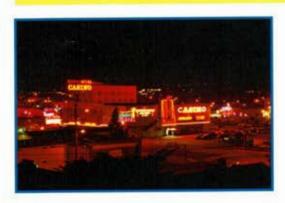
COUNTRY SHOWS

Find us on: belter.com/elkoho facebook.com/elkoho www.elkoho.org Register: Complete permission slip paperwork

For more info or to sign up: 775-753-7352 or youth@elkofrc.org This becomes not expression to be found of Trible of Edition of Trible of Edition of Edi



Elko's NAMI Support Groups



- NAMI Connections are <u>free</u> recovery support groups for adults living with mental health challenges living here in Elko County or other areas in Northeastern Nevada.
- NAMI offers a casual and relaxed approach for sharing the challenges and successes of mental health issues.
- All groups are confidential and participants can share as much or as little personal information as they see fit.

We have three totally free NAMI support groups in Elko, Nevada!

Peer-To-Peer Support

First Presbyterian Church

Date: Every Thursday Time: 5:30 - 7:00 P.M.

Location: 1559 Sewell Ave in Elko

Room: Parlor Room

Call us at <u>(775)-385-7833</u> or <u>(775)-397-3648</u> for more information about the weekly group.

Family-To-Family Support

lko County Library

Date: 3rd Tuesday of The Month

Time: 6:00 - 7:30 P.M.

Location: 720 Court Street in Elko Room: Bruce Memorial Room

Call us at <u>(775)-389-0828</u> or <u>(907)-209-4061</u> for information about family to family monthly group. Peer-To-Peer Support

Elko County Library

Date: 2nd/4th Wednesday of The Month

Time: Noon - 1:30 P.M.

Location: 720 Court Street in Elko Room: Bruce Memorial Room

Call us (775)-388-8432 or email us at nlsdpt@gmail.com for more information about the every other Wednesday group.







Support groups are free and open to all adults in need, regardless of diagnosis.

Everyone is a valued participant at NAMI!

PACE Coalition Rural Providers Meeting

<Back

First Tuesday of each month.*

8 a.m. - 9 a.m.

Elko County Library 720 Court St., Elko, NV

Free

*Unless falling on a state or federal holiday.

(775) 777-3451





2017

Youth Services



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
See back for details!		1 10:30 Story Time	2 10:30 Story Time	3 10:30 Story Time	4	5 10:30 Toddler Time
6	7	8 10:30 Story Time	9 10:30 Story Time	10 10:30 Story Time	11	12
13	14 4:00 Teen Book Club	15 10:30 Story Time	16 10:30 Story Time	17 10:30 Story Time	18	19
20	21 4:30 Maker Monday	22 10:30 Story Time	23 10:30 Story Time	24 10:30 Story Time	25	26
27	28	29 10:30 Story Time 4:30 Tween Movie	30 10:30 Story Time	31 10:30 Story Time		Eureka County Systém



Elko County Library

August

Youth Services



<u>Maker Monday</u>: Monday, **August 21** (third Monday of each month), 4:30 p.m. Designed for Tweens and teens (ages 10-18). Explore, discover, create and have fun using everyday materials. Supplies provided by the Library.

Story Times: Every Tuesday, Wednesday, Thursday, 10:30 a.m. Designed for preschoolers (ages 3-5). We read books, sing and dance, and follow up with an art activity.

<u>Toddler Time</u>: August 5 (first Saturday of each month), 10:30 a.m. Designed for babies and toddlers (ages 0-2). We sing songs, play, and read.

<u>Teen Book Club</u>: Monday, **August 14** (second Monday of June & July), 4:00 p.m. Teens (ages 12-18) will enjoy a lively discussion of "Glee Summer Break" by Sophia Lowell. Snacks will be served.

<u>Tween Book and a Movie</u>: Tuesday, **August 29** (last Tuesday of each month), 4:30 p.m. - 6:30 p.m. Tweens (ages 10-13) will watch the film "The Wizard of Oz" and then enjoy a lively discussion of the film and the book by L. Frank Baum. Snacks will be served. Pick up a copy of the book at the Library.

<u>Downloadables</u>—EBooks, Audio books, Magazines, and More! Download EBooks and audio books—easy readers, juvenile fiction and nonfiction, young adult fiction and nonfiction—using the Overdrive app from the Library's website. Read your favorite magazine on your electronic device using the Zinio app from the Library's website. All you need is your library card.



All programs are FREE!

Library Hours:

Location: Elko County Library 720 Court Street Elko, NV 89801



Welcome



2017 National Night Out!

Aug. 1st. · 6 – 9 p.m. · Elko City Park







Join us for Food, Fun, & Friendship.

- Burgers & Hot Dogs
 - * * *
- Police technology
 - * * *
- Live demonstrations
 - * * *
- Musical entertainment
 - * * *
- Booths & Promos





