



# Calendar of Events

August 2017

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Elko County Library

Rural Providers Meeting  
National Night Out Against Crime

Promoting Health Among Teens

NAMI Connections  
Promoting Health Among Teens

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NAMI Library Group  
Alzheimers Caregivers Support Group  
Be Proud! Be Responsible!

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NAMI Connections  
Be Proud! Be Responsible!

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NAMI Family-To-Family Support

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Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.

16

NAMI Connections

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NAMI Library Group

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NAMI Connections

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NAMI Connections

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# Calendar of Events

September 2017

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	LABOR DAY	Rural Providers Meeting		NAMI Connections		
3	4	5	6	7	8	9
	PATRIOT DAY		NAMI Library Group Alzheimers Caregivers Support Group	NAMI Connections		
10	11	12	13	14	15	16
		NAMI Family-To-Family Support	Northeastern Nevada Radiation Oncology Ctr. Nutrition Svcs.	NAMI Connections		
17	18	19	20	21	22	23
			NAMI Library Group	NAMI Connections		
24	25	26	27	28	29	30





# Calendar of Events

November 2017

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			1	NAMI Connections	2	3	4
DAYLIGHT SAVING	5	Rural Providers Meeting	6	NAMI Library Group Alzheimers Caregivers Support Group	7	8	9
10	11	12	13	NAMI Connections	14	15	16
17	18	19	20	NAMI Library Group	21	22	23
24	25	26	27	THANKSGIVING DAY	28	29	30
31				NAMI Connections			



# Calendar of Events

December 2017

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					1	2
3	4	Rural Providers Meeting 5	6	NAMI Connections 7	8	9
10	11	HANUKKAH BEGINS 12	NAMI Library Group Alzheimers Caregivers Support Group 13	NAMI Connections 14	15	16
17	18	NAMI Family-To-Family Support 19	HANUKKAH ENDS 20	NAMI Connections 21	22	23
24	CHRISTMAS 25	KWANZAA BEGINS 26	NAMI Library Group 27	NAMI Connections 28	29	30
31	KWANZAA ENDS					



# Calendar of Events

January 2018

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NEW YEAR'S  
HOLIDAY

Rural Providers  
Meeting

NAMI Connections

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NAMI Library Group  
Alzheimers Caregivers  
Support Group

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NAMI Connections

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MARTIN LUTHER  
KING DAY

NAMI Family-To-  
Family Support

NAMI Connections

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NAMI Library Group

NAMI Connections

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# Calendar of Events

February 2018

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				NAMI Connections		
				1	2	3
		Rural Providers Meeting		NAMI Connections		
4	5	6	7	8	9	10
			VALENTINE'S DAY Alzheimers Caregivers Support Group	NAMI Connections		
11	12	13	14	15	16	17
	PRESIDENT'S DAY	NAMI Family-To-Family Support	NAMI Library Group	NAMI Connections		
18	19	20	21	22	23	24
				NAMI Connections		
25	26	27	28			



# Calendar of Events

March 2018

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				NAMI Connections		
				1	2	3
4	5	Rural Providers Meeting	7	8	9	10
11	12		Alzheimers Caregivers Support Group	NAMI Connections		ST. PATRICK'S DAY
		NAMI Family-To-Family Support	NAMI Library Group	NAMI Connections		
18	19	20	21	22	23	24
25	26	27	28	NAMI Connections	30	31





# Calendar of Events

April 2018

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EASTER 1	2	Rural Providers Meeting 3	4	NAMI Connections 5	6	7
8	9	10	NAMI Library Group Alzheimers Caregivers Support Group 11	NAMI Connections 12	13	14
15	16	NAMI Family-To-Family Support 17	18	NAMI Connections 19	20	21
22	23	24	NAMI Library Group 25	NAMI Connections 26	27	28
29	30					



# Calendar of Events

May 2018

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Rural Providers Meeting

NAMI Connections

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NAMI Library Group  
Alzheimers Caregivers Support Group

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NAMI Connections

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MOTHER'S DAY

NAMI Family-To-Family Support

NAMI Connections

ARMED FORCES DAY

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NAMI Library Group

NAMI Connections

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MEMORIAL DAY

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# Calendar of Events

June 2018

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					1	2	
		Rural Providers Meeting		NAMI Connections			
3	4	5	6	7	8	9	
				FLAG DAY NAMI Connections			
10	11	12	NAMI Library Group Alzheimers Caregivers Support Group	13	14	15	16
FATHER'S DAY		NAMI Family-To-Family Support		NAMI Connections			
17	18	19	20	21	22	23	
			NAMI Library Group	NAMI Connections			
24	25	26	27	28	29	30	



# Calendar of Events

July 2018

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Rural Providers Meeting

INDEPENDENCE DAY

NAMI Connections

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NAMI Library Group

Alzheimers Caregivers Support Group

NAMI Connections

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NAMI Family-To-Family Support

NAMI Connections

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NAMI Library Group

NAMI Connections

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## Elko Support Group

The Alzheimer's Association's Caregiver Support Groups are designed to provide emotional and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person living with Alzheimer's disease or a related form of dementia.

Our support groups are free of charge and walk-ins are welcome. Open discussion with a trained facilitator. Call 800.272.3900 for more information.

**Date:**

2nd Wednesday of the month  
Starts Wednesday June 14, 2017

**Time:** 1 – 2 pm

**Location:**

The Terrace at Ruby View,  
"Elko's Senior & Active Lifestyle  
Center"

1795 Ruby View Drive  
Elko, Nevada 89801

**Faciliator:**

Ginger Perry

**Contact:** 800.272.3900



800.272.3900 | alz.org®

[<BACK](#)

## Nutrition Services

### Q&A with the Dietitian

Join us the 3<sup>rd</sup> Wednesday of every month as we host two local registered dietitians to answer questions regarding nutrition needs. This is a FREE volunteer program, to provide those directly affected by cancer with the tools for a healthy diet.

**What:** Q&A with Registered Dietitians/Live Demo

**When:** 3<sup>rd</sup> Wednesday of Every Month

- January 18<sup>th</sup>
- February 15<sup>th</sup>
- March 15<sup>th</sup>
- April 19<sup>th</sup>
- May 17<sup>th</sup>
- June 21<sup>th</sup>
- July 19<sup>th</sup>
- August 16<sup>th</sup>
- September 20<sup>st</sup>
- October 18<sup>th</sup>

**Where:** Northeastern Nevada Radiation Oncology Center

**Time:** 4:00 p.m. to 5:00 p.m.

*Please RSVP no later than the second Friday of the month with Shila Morgan at (775)748-HOPE.*

We hope to see you there!



# Teen Health Program SUMMER

**FREE backpack with school supplies  
or \$25 Gift Card when you complete  
both days of the FREE program!**

**Promoting Health  
Among Teens!  
Ages 10 to 12**

**9:00 a.m.  
to  
12:00 p.m.**

**July 12-13  
August 2-3**

**Be Proud! Be  
Responsible!  
Ages 13 to 19**

**9:00 a.m.  
to  
12:00 p.m.**

**July 19-20  
August 9-10**

**Location:  
Family Resource Center, 331 7th  
Street, Elko**

**Register:  
Complete permission slip  
paperwork**

**For more info or to sign up:  
775-753-7352 or youth@elkofrc.org**



Find us on:  
twitter.com/elkofrc  
facebook.com/elkofrc  
www.elkofrc.org

This program was sponsored by the Nevada State Department of Public and Behavioral Health, through the Nevada Summer Youth and Adult Mentoring (NSYAM) grant. The Department of Health and Human Services Administration for Children and Families is notified. We agree the responsibility of the children and their parents is to register through the parent/guardian with the Department of Health and Human Services Administration for Children and Families.



# Elko County Support

## Elko's NAMI Support Groups



- NAMI Connections are **free** recovery support groups for adults living with mental health challenges living here in Elko County or other areas in Northeastern Nevada.
- NAMI offers a casual and relaxed approach for **sharing the challenges and successes** of mental health issues.
- All groups are **confidential** and participants can share as much or as little personal information as they see fit.

**We have three totally free NAMI support groups in Elko, Nevada!**

### Peer-To-Peer Support

#### First Presbyterian Church

Date: Every Thursday

Time: 5:30 - 7:00 P.M.

Location: 1559 Sewell Ave in Elko

Room: Parlor Room

Call us at [\(775\)-385-7833](tel:(775)385-7833) or [\(775\)-397-3648](tel:(775)397-3648) for more information about the weekly group.

### Peer-To-Peer Support

#### Elko County Library

Date: 2nd/4th Wednesday of The Month

Time: Noon - 1:30 P.M.

Location: 720 Court Street in Elko

Room: Bruce Memorial Room

Call us [\(775\)-388-8432](tel:(775)388-8432) or email us at [nlsdpt@gmail.com](mailto:nlsdpt@gmail.com) for more information about the every other Wednesday group.

### Family-To-Family Support

#### Elko County Library

Date: 3rd Tuesday of The Month

Time: 6:00 - 7:30 P.M.

Location: 720 Court Street in Elko

Room: Bruce Memorial Room

Call us at [\(775\)-389-0828](tel:(775)389-0828) or [\(907\)-209-4061](tel:(907)209-4061) for information about family to family monthly group.

# stigmafree



know the facts • learn the signs • provide help



Support groups are **free** and open to **all adults** in need, regardless of diagnosis.

**Everyone** is a valued participant at NAMI!



# PACE Coalition Rural Providers Meeting

<Back

First Tuesday of each month.\*

8 a.m. - 9 a.m.

Elko County Library  
720 Court St., Elko, NV

Free

\*Unless falling on a state or federal holiday.

(775) 777-3451





# Elko County Library

# august

2017

# Youth Services



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
See back for details!		1 10:30 Story Time	2 10:30 Story Time	3 10:30 Story Time	4	5 10:30 Toddler Time
		6	7	8 10:30 Story Time	9 10:30 Story Time	10 10:30 Story Time
13	14 4:00 Teen Book Club	15 10:30 Story Time	16 10:30 Story Time	17 10:30 Story Time	18	19
20	21 4:30 Maker Monday	22 10:30 Story Time	23 10:30 Story Time	24 10:30 Story Time	25	26
27	28 	29 10:30 Story Time 4:30 Tween Movie	30 10:30 Story Time	31 10:30 Story Time	<b>Elko - Lander - Eureka County Library System</b> 	



**Elko  
County  
Library**

# August

**Youth  
Services**



**Maker Monday:** Monday, **August 21** (third Monday of each month), 4:30 p.m. Designed for Tweens and teens (ages 10-18). Explore, discover, create and have fun using everyday materials. Supplies provided by the Library.

**Story Times:** Every Tuesday, Wednesday, Thursday, 10:30 a.m. Designed for preschoolers (ages 3-5). We read books, sing and dance, and follow up with an art activity.

**Toddler Time:** **August 5** (first Saturday of each month), 10:30 a.m. Designed for babies and toddlers (ages 0-2). We sing songs, play, and read.

**Teen Book Club:** Monday, **August 14** (second Monday of June & July), 4:00 p.m. Teens (ages 12-18) will enjoy a lively discussion of *“Glee Summer Break”* by Sophia Lowell. Snacks will be served.

**Tween Book and a Movie:** Tuesday, **August 29** (last Tuesday of each month), 4:30 p.m. - 6:30 p.m. Tweens (ages 10-13) will watch the film *“The Wizard of Oz”* and then enjoy a lively discussion of the film and the book by L. Frank Baum. Snacks will be served. Pick up a copy of the book at the Library.

**Downloadables**—EBooks, Audio books, Magazines, and More! Download EBooks and audio books—easy readers, juvenile fiction and nonfiction, young adult fiction and nonfiction—using the Overdrive app from the Library’s website. Read your favorite magazine on your electronic device using the Zinio app from the Library’s website. All you need is your library card.



All programs are **FREE!**

**Library Hours:**

Mon/Tue: 9 am — 8 pm  
Wed/Thu: 9 am — 6 pm  
Fri/Sat: 9 am — 5 pm

**Location:**

Elko County Library  
720 Court Street  
Elko, NV 89801

**Youth Services Phone:**

738-3066 x232

**Web Address:**

[www.elkocountylibrary.org](http://www.elkocountylibrary.org)



POLICE • COMMUNITY PARTNERSHIPS

# Welcome to



POLICE • COMMUNITY PARTNERSHIPS

# 2017 National Night Out!

## Aug. 1st. • 6 – 9 p.m. • Elko City Park



*Join us for  
Food, Fun, & Friendship.*

♥ **Burgers & Hot Dogs**



♥ **Police technology**



♥ **Live demonstrations**



♥ **Musical entertainment**



♥ **Booths & Promos**

